In Stitches

The celebrity cosmetic surgery blogger describes his misfit youth as a nerdy Korean-American student with a misshapen jaw whose life-changing surgery led him to become a successful plastic surgeon.

In Stitches

Scrubs meets David Sedaris in this hilarious fish-out-of-water memoir about a young Korean-American nerd turned renowned plastic surgeon. Tony Youn grew up one of two Asian-American kids in a small town where diversity was uncommon. Too tall and too thin, he wore thick Coke-bottle glasses, braces, Hannibal Lecter headgear, and had a protruding jaw that one day began to grow, expanding to an unthinkable, monstrous size. After high school graduation, while other seniors partied at the beach or explored Europe, Youn lay strapped in an oral surgeon’s chair where he underwent a life-changing jaw reconstruction. Ironically, it was this brutal makeover that led him to his life’s calling, and he continued on to endure the four horrific, hilarious, sex-starved, and tension-filled years that eventually earned him an M.D. Offering a window into a side of medicine that most people never see, Youn shares his bumpy journey from a shy, skinny, awkward nerd into a renowned and successful plastic surgeon. Now, Youn is the media’s go-to plastic surgeon. He appears regularly on The Rachael Ray Show, and his blog, Celebrity Cosmetic Surgery, is widely read and very popular. But it was a long road to success, and In Stitches recounts Dr. Youn’s misfit adolescence and his four tumultuous years in medical school with striking wit, heart, and humility. For anyone who has ever experienced the awkward teenage years or is ready for some escapist fun, In Stitches is one man’s heartfelt, candid, and laugh-out-loud funny, journey of finding his true calling in life—and learning to be comfortable in his own skin.

In Stitches

Tony Youn grew up one of two Asian-American kids in a small town of near wall-to-wall whiteness. Too tall and too thin, he wore thick Coke-bottle glasses, braces, Hannibal Lecter headgear, and had a protruding jaw that one day began to grow, expanding Pinocchio-like, protruding to an unthinkable, monstrous size. After high school graduation, while other seniors partied at the shore or explored Europe, Youn lay strapped in an oral surgeon’s chair as he broke his jaw, then reset it and wired it shut for six weeks. Ironically, it was this brutal makeover that led him to his life’s calling -- and the four years of angst, flubs, triumphs, non-stop studying and intermittent heavy drinking that eventually earned him an M.D. Thanks to a small circle of close friends and an obsessive drive to overachieve, Youn transformed from a shy, skinny, awkward nerd with no confidence and no clue into a renowned and successful plastic surgeon. In Stitches is a heartfelt, candid, and laugh-out-loud memoir of one man’s bumpy road to becoming a doctor and learning to be comfortable in his own skin.
Stitches - A Memoir

A Publishers Weekly Top Ten Best Book of the Year An Amazon.com Top Ten Best Book of 2009 A Washington Post Book World’s Ten Best Book of the Year A California Literary Review Best Book of 2009 An L.A. Times Top 25 Non-Fiction Book of 2009 An NPR Best Book of the Year, Best Memoir With this stunning graphic memoir, David Small takes readers on an unforgettable journey into the dark heart of his tumultuous childhood in 1950s Detroit, in a coming-of-age tale like no other. At the age of fourteen, David awoke from a supposedly harmless operation to discover his throat had been slashed and one of his vocal chords removed, leaving him a virtual mute. No one had told him that he had cancer and was expected to die. The resulting silence was in keeping with the atmosphere of secrecy and repressed frustration that pervaded the Small household and revealed itself in the slamming of cupboard doors, the thumping of a punching bag, the beating of a drum. Believing that they were doing their best, David’s parents did just the reverse. David’s mother held the family emotionally hostage with her furious withdrawals, even as she kept her emotions hidden — including from herself. His father, rarely present, was a radiologist, and although David grew up looking at X-rays and drawing on X-ray paper, it would be years before he discovered the shocking consequences of his father’s faith in science. A work of great bravery and humanity, Stitches is a gripping and ultimately redemptive story of a man’s struggle to understand the past and reclaim his voice.

The Age Fix - A Leading Plastic Surgeon Reveals How to Really Look 10 Years Younger

Don't buy another overpriced cream. Hold off on that invasive procedure. Stop avoiding the reflection in the mirror. Get your Age Fix. Here's what the experts know but aren't telling you — until now: - The drugstore brand can be just as effective-or better-than the expensive cream at your dermatologist's office - Surgery usually isn't the best solution - Natural, DIY creams can actually get results, using ingredients that cost pennies - Diet can be your best defense against redness, acne, fine lines, and wrinkles. Dr. Anthony Youn is the rare plastic surgeon who does everything he can to keep his patients out of the operating room. He's spent the past sixteen years researching the secrets of plastic surgeons, dermatologists, makeup artists, and dietitians, and he knows what works, what doesn't, and what's overpriced. Now he's compiled solutions to every cosmetic aging problem in this definitive anti-aging bible. Whether you want to stay as natural as possible or you're interested to know which creams and medical procedures actually work (and are worth the price tag), THE AGE FIX has your fix to look younger and more radiant. Dr. Youn's customizable Age Fix routine will help you improve skin health, whatever your age or concerns, and his diet-based Age Fix prescription will rejuvenate your skin and overall health from the inside out. Did you know that the foods you choose every day can contribute to fine lines and wrinkles and the likelihood of your getting a sunburn? Dr. Youn explains why you should shun soda but reach for that glass of red wine. You'll also discover which fruit can help you look younger and prevent sun damage and which supplements are proven to reduce fine lines. From your face, to your neck, your hands, your eyes, and your body, THE AGE FIX has you covered with an abundance of actionable takeaways and insider advice to help you reclaim your youthful glow-without spending a fortune or going under the knife!
**Playing God - The Evolution of a Modern Surgeon**

“I am a doctor.” Every year, thousands of medical school graduates utter these four simple words. But as you will see in Playing God, earning an M.D. is just the first step to becoming a real physician. In this page-turning, thrilling, and moving memoir, Dr. Anthony Youn reveals that the true metamorphosis from student to doctor occurs not in medical school but in the formative years of residency training and early practice. It is only through actually saving and losing patients, taking on the medical establishment, wrestling with financial and emotional survival, and fighting for patients’ lives that a young doctor becomes a mature and competent physician. Dr. Youn takes you from the operating rooms of a university surgery residency program to the gleaming offices of top Beverly Hills plastic surgeons to opening the doors of his empty clinic as a new doctor with no money, no patients, and mountains of debt. Playing God leaves you with an unexpected answer to that profound question: “What does it mean to be a doctor?” In Playing God, you will take a journey through the world of surgery, hospitals, and the practice of medicine unlike any that you have traveled before.

**Raiders! - The Story of the Greatest Fan Film Ever Made**

The official companion book to the hit feature-length documentary, Raiders!: The Story of the Greatest Fan Film Ever Made, in theaters and on video on demand June 27th 2016 In 1982, in Ocean Springs, Mississippi, Chris Stompolos, eleven, asked Eric Zala, twelve, a question: "Would you like to help me do a remake Raiders of the Lost Ark? I'm playing Indiana Jones." And they did it. Every shot, every line of dialogue, every stunt. They borrowed and collected costumes, convinced neighborhood kids to wear grass skirts and play natives, cast a fifteen-year-old as Indy's love interest, rounded up seven thousand snakes (sort of), built the Ark, the Idol, the huge boulder, found a desert in Mississippi, and melted the bad guys' faces off. It took seven years. Along the way, Chris had his first kiss (on camera), they nearly burned down the house and incinerated Eric, lived through parents getting divorced and remarried, and watched their friendship disintegrate. Alan Eisenstock's Raiders! is the incredible true story of Eric Zala and Chris Stompolos, how they realized their impossible dream of remaking Raiders of the Lost Ark, and how their friendship survived all challenges, from the building of a six-foot round fiberglass boulder to the devastation of Hurricane Katrina.

**Anatolian Days and Nights - A Love Affair with Turkey, Land of Dervishes, Goddesses, and Saints**


From a Deadpool 2 fan favorite comes a “hilarious, raw” (Rolling Stone) memoir about love, sex, parenthood, work, substance abuse, and everything else that makes life wonderful and/or horrible. Updated with new material! Rob Delaney is a comedy superstar. But if you’re ever watched him steal scenes as Peter in Deadpool 2, binged his streaming series Catastrophe, encountered his raunchy and mischievous Twitter presence, or witnessed the hilarious and
painful sharing he does in his stand-up, you already know that. In his first book, he traces his journey from middle-class theater geek to public menace to devoted family man and passionately engaged model citizen—from his youthful obsession (and pen pal relationship) with heavy metal band Danzig and an episode of drunken bungee jumping off the Brooklyn Bridge, to his court-ordered stint in rehab and the miracle of his son's birth. All together, these essays make clear why it is he is so darn lovable—and so f#!%ing funny. Praise for Rob Delaney “Unlike some books by comics, Delaney’s volume offers a rich, deeply considered (and yes, funny) look at his life. . . . A great read by any standard, but even more so for including stories about needing (and failing) to find a bathroom while jogging.”—E! Online “One of the most hilarious bundles of words we have ever read.”—Vice “A book as funny, sincere, weird, wet, and wonderful as Rob Delaney himself.”—Jimmy Kimmel “Heart-wrenchingly true tales exuding self-effacing whimsy and smart-guy charm.”—Splitsider “Delaney has a knack for pinpointing what’s hilarious and sad about adolescent bed-wetting and his own abundant body hair, but somehow the darkest chapters [in this book] make you laugh hardest.”—Entertainment Weekly “Rob Delaney has done it again! Actually, this is his first book, so he has not ‘done it again.’ Actually, this book is so good, I doubt he will be able to do it again. He’s peaked.”—Judd Apatow “Rob’s transition from tweets to book is like a gold medal sprinter winning the marathon the next day. I am jealous and angry.”—Seth Meyers “WARNING: This book may cause involuntary seepage. Some funny, funny, funny, funny s*** from the most dangerous man on Twitter. The fact that he’s just as funny in long form makes me want to vomit with envy.”—Anthony Bourdain

**Day of Honey - A Memoir of Food, Love, and War**

The author discusses her marriage to a man from Beirut, the bond she forged with her Lebanese in-laws, and how she found love, good food, and a meaningful life, despite dividing her time between wartorn Iraq and Lebanon.