inside one mans experience of prison john hoskison

**Inside - One Man's Experience of Prison**

This book is a searingly honest account of the banalities, absurdities, frustrations and extremely limited choices that exist in our prison system. Accounts such as this open up the closed world of prisons. John Hoskison tells it like it is, as opposed to what gets portrayed on TV or at the cinema. 'Professor David Wilson – Professor of Criminology Birmingham City University and a Former Prison Governor – January 2012

This is a true story of a journey to hell and back. In 1994 John Hoskison was a highly respected and successful professional golfer. One evening he shattered his world when he broke a discipline he had maintained for twenty years and accepted a drink before driving home. This single moment of weakness had tragic consequences. On the short journey he hit and killed a cyclist and was subsequently sentenced to three years in prison. Devastated by his actions Hoskison was thrown into an unimaginable world of regret and remorse. He knew he would never escape the pain he had caused and thought a prison sentence totally justified. Only one thing saves Hoskison - the incredible attitude adopted by the widow. The story describes the forgiveness he receives which acts as a catalyst for his survival. As a first time offender Hoskison was led to believe he would spend time in an 'open' prison, the sort he had read about in the papers. Instead he spends his time in some of the toughest prisons in Britain. The story grips from the start when Hoskison swaps the safety of green fairways for the medieval squalor of HMP Wandsworth, where drug taking and violence are rife and prison officers can throw victims to the hard men. This book is much more than a story of crime and punishment. It is a true tale about how quickly our lives can be shattered by taking a risk - just once. Reviews

"This is a must read book. Not just an insight into how prison really is but a real life story that illustrates just how quickly your life can turn upside down. There but for the grace of God..." John Francome, Bestselling Author and Champion Jockey."A journey to hell and back. Entertaining, and 100 times more scary than any drink/drive campaign." FHM Magazine"Ought to be compulsory reading for all Home Office ministers." Allan Massie - Daily Telegraph

This brave and important book should be read by all those who have anything to do with the treatment and condition of those committed to our prisons. The book should be made required reading for all those serving in the prison service and those who join in the future. - Lord Ramsbotham – Chief Inspector of Prisons 1995 - 2001

In October 2013 John Hoskison sat on the panel of the Ofsted Conference on Prison Education in Wormwood Scrubs Prison. The panel was made up of Baroness Sally Morgan, Sir Michael Wilshaw, (Her Majesty's Chief Inspector of Education), Nick Hardwick, (Her Majesty's Chief Inspector of Prisons) and Nicola Padfield, (Master of the Law Faculty Fitzwilliam College - Cambridge). It was agreed that prison education is simply not working. In a staggering report, only 18% of prisoners felt they were supported in education by officers. It is no surprise therefore, that the re-offending rate in 2013 remains unacceptably high.

**Name and Number: Based On a True Prison Story**
Art student Nick Wood risks selling a few Ecstasy tablets at a party to impress friends and ends up with a two year prison sentence. Nick hopes to spend his sentence in an open prison, the type he's read about in the papers. The ones often referred to as 'holiday camps'. Instead, his worst nightmare comes true. Locked up in HMP Blackthorpe, a prison known for its medieval-like squalor, Nick lives at the mercy of the drug barons and in fear of the lifers. Constantly stalked by danger he has to find a way to survive. To earn protection money he turns to the one thing he's good at—art. But can selling pictures to visitors be enough to keep the mob at bay? Or will he be made an example of by the hard men and suffer the worst type of prison punishment?

Based on the experiences of the author. ABOUT JOHN HOSKISON: In 1994, bestselling author John Hoskison broke a lifetime rule by drinking and driving and on his way home, he hit and killed a cyclist. As a non-violent first offender, he was told he would serve part of his sentence in an open prison, but was instead consigned to some of the toughest in Britain. John was only able to survive his time in prison through the incredible forgiveness he received from the woman whom he'd made a widow and by the support of friends and family who knew his actions were so out of character. Now John spends time speaking to young people at schools and through community out-reach programs, warning them about taking unnecessary risks and what prison is really like. If anyone is under the illusion that prison is a holiday camp, and that breaking the law just once is worth the risk, read this book. OTHER TITLES by John Hoskison INSIDE: One Man's Experience of Prison A Golf Swing You Can Trust Shooting Lower Scores

INSIDE (One Man's Experience of Prison) A True Story

This is a true story of a journey to hell and back. In 1994 John Hoskison was a highly respected and successful professional golfer. Then, one evening, after a tournament, he broke a rule of his life by drinking and driving and on the way home he hit and killed a cyclist. Hoskison knew he'd never escape the pain he'd caused and felt a prison sentence was justified. As a non-violent first offender, he could have expected to serve part of his sentence in an open prison, but was instead consigned to some of the toughest in Britain; places of medieval-like squalor and violence. REVIEWS" "This is a must read book. Not just an insight into how prison really is but a real life story that illustrates just how quickly your life can turn upside down. There but for the grace of God..." ~John Francome, Author and Champion Jockey. "...a searingly honest account. John Hoskison tells it like it is, as opposed to what gets portrayed on TV or at the cinema." ~Professor David Wilson, Professor of Criminology at Birmingham City University; former Prison Governor. January, 2012 OTHER Titles by John Hoskison: Name &Number (Based on a True Story) A Golf Swing You Can Trust Shooting Lower Scores

Inside: One Man's Experience in Prison

Your Short Game Silver Bullet: Golf Swing Drills for Club Head Control

Save shots on the golf course by learning to chip like a pro. Twelve simple exercises plus ten minutes a day, and you can transform your short game, strike chip shots with authority, land the ball where you want and impart any amount of backspin you need. Join former European PGA Tour Player and champion golfer John Hoskison as he presents his proven 'silver bullet' for club head control—the missing link between robotic technique and a chipping action that really works.
But John doesn't stop there. Interspersed throughout the lessons, John shares short and insightful stories of when he walked the greens with golfing legends Nick Faldo, Seve Ballesteros, Mac O'Grady and Lanny Wadkins. REVIEWS: "John kept it simple... got me back enjoying my golf again." ~Mick Fitzgerald, TV Sports Presenter—Former National Hunt Jockey "John taught himself a great technique and knows as much about the golf swing as anyone I've met." ~Nick Mitchell, Former European Tour PGA Player "John... is a great student of the game." ~Andrew Murray, European Tour—1989 European Open Champion

**A Golf Swing You Can Trust**

Most golfers never improve irrespective of what they try. You needn't be most golfers. A Golf Swing You Can Trust is an original work by John Hoskison, a deep-thinking PGA player and teacher. Inside, John reveals how, after years of slicing, he went from the worst player on tour to the National PGA Professional Champion by using these simple techniques. From the grip to the finish position, John coaches using humor and unique analogies to explain how the golf swing works, and how to build a swing you can trust. REVIEWS: "John taught himself a great technique and knows as much about the golf swing as anyone I've met." ~Nick Mitchell, Former European Tour PGA Player "I went to John for the usual stuff; head in hands, not knowing what shot was coming next. John kept it simple... got me back enjoying my golf again." ~Mick Fitzgerald, TV Sports Presenter—Former National Hunt Jockey "John has solid orthodox technique and is a great student of the game. He always told me 'simple is best'." ~Andrew Murray, European Tour—1989 European Open Champion

EXCERPT FROM A Golf Swing You Can Trust: The correct stance is vital if you want to build a simple swing that repeats. But most golfers switch off and skip these chapters of a golf instruction book. I understand that. The grip and aim are not as alluring as advice on the theoretical advantages of pronation or supination through impact. And hey! You've been told you have a nice practice swing—you can't be that far off. Aiming correctly is for beginners! So just to dispel any reservations you may have that this book is not for you, here's one last piece of motivational talk before we move on to check your stance. It's very often a golfer makes a great practice swing but when they come to hit the ball the swing's completely different. That's because the hands and body don't communicate on a practice swing—they let you get on with it on your own. They only bother to 'talk' to each other when you're about to hit a shot at a specific target. When the crunch comes and you're ready to swing back, if the aim of the club doesn't match up to your intended swing path, they hit the panic button, take control and stick the swing on autopilot. They program in what they have to do and you can't override it. You might try to take the club back in one piece but it you're not aiming correctly—they quickly take over. And if you think you can kid them you'd have done it by now. If you are aiming at a target 250 yards away and your clubface is only 3 degrees to the right, it will be pointing 13 yards right of target. If you try to replicate your nice square practice swing, but your hands pick up where the club is aiming the two angles are so conflicting your orthodox swing becomes impossible. The only time you can override your natural alarm system is when you're standing in front of a pro and he's watching you like a hawk. Then the alarm system becomes dormant—it trusts the pro to watch over you. Soon as you walk out the teaching bay, it switches back on. OTHER TITLES by John Hoskison Shooting Lower Scores MEET JOHN HOSKISON John is a former European Tour member and two-time PGA Cup player v USA. He led England in the European Team Championships and was elected Surrey
Professional Golf Association Captain. In 1992, John completed the Club Professionals Grand Slam including the national title, and went on to earn a place on the European PGA Seniors Tour. In May 2008, he played in his first event in Poland. After a year of injury, John placed third in the 2012 British Senior PGA Professional Championships.

**English in Australia**

This unique collection fills a ten-year gap in studies on the nature of Australian English, and it is the first to deal exclusively with varieties of English on the Australian continent. The book contains chapters on the phonology, morphology, syntax and the lexicon of the dialect, and chapters on variation within the dialect that include Aboriginal and ethnic varieties as well as regional and generational differences with a focus on questions of Australian identity and intercultural relations. With selected contributions by Australia’s leading linguists this volume records the most recent developments in the study of English within Australia.

**Inside Track**

Unable to remember the car accident after which he was held responsible for a boy's death and imprisoned, Jamie Hutchinson turns to his horse trainer sister for help with reclaiming his life as a champion jockey, but finds things turning deadly as his memory recovers.

**Voices from Captivity - Incarceration from Siberia to Guantánamo Bay**

Bringing together a range of first-hand testimonies of captives, this personal and arresting collection provides an overview of what life inside is actually like. Drawing on memoirs of captives - including those imprisoned for stealing money, murder, illegal protest or no reason at all - this book presents the universal experience of being incarcerated and brings to life the humanity of those behind locked doors. Tracing the career of the captive from the moment the door is first locked behind them, to analysis of the oddities of relationships developed in prison and how the deprivation of sex is dealt with, the book then reflects on the cruelties faced while inside, and concludes by looking at the problems faced when the supposedly happy day of release finally arrives. These insightful accounts help empathise and reflect on the impact of prison practices on inmates.

**Prison Days: Inmates**

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Santa Claus is coming to Shreve Memorial Library

Yes, I am one of those people who wait until Thanksgiving is done before ... It all seems linked to the death of Adam's father many years ago – a man who may have somehow survived as a warlock.